

































## 2 400m Individual Medley Men Heat











Official

Entries Heats Summary

Total Open 17-18 years 13 and older

Rank	Competitor	Age	Club	RT	PTS	Result	
1	 Muchirahon...	16	 Swim Rotor...	0.70		<b>4:28.15</b> Entry: 4:21.99 <b>+6.16</b>	QA
	50m: 27.21		100m: 58.33 (31.12)				
	150m: 1:32.08 (33.75)		200m: 2:05.87 (33.79)				
	250m: 2:43.98 (38.11)		300m: 3:23.24 (39.26)				
	350m: 3:56.57 (33.33)		400m: 4:28.15 (31.58)				
2	 Helms Blair	23	 North Shore...	0.66		<b>4:37.74</b> Entry: 4:23.70 <b>+14.04</b>	QA
	50m: 27.32		100m: 59.44 (32.12)				
	150m: 1:36.28 (36.84)		200m: 2:12.57 (36.29)				
	250m: 2:51.30 (38.73)		300m: 3:31.22 (39.92)				
	350m: 4:05.11 (33.89)		400m: 4:37.74 (32.63)				
3	 Kregting D...	17	 Roskill Swi...	0.87		<b>4:44.75</b> Entry: 4:40.09 <b>+4.66</b>	QA
	50m: 27.34		100m: 59.22 (31.88)				
	150m: 1:36.16 (36.94)		200m: 2:13.11 (36.95)				
	250m: 2:56.01 (42.90)		300m: 3:39.36 (43.35)				
	350m: 4:12.34 (32.98)		400m: 4:44.75 (32.41)				
4	 Lloyd Hunter	17	 Raumati S...	0.67		<b>4:46.05</b> Entry: 4:42.04 <b>+4.01</b>	QA
	50m: 27.59		100m: 1:00.30 (32.71)				
	150m: 1:36.99 (36.69)		200m: 2:13.68 (36.69)				
	250m: 2:55.95 (42.27)		300m: 3:38.62 (42.67)				
	350m: 4:12.90 (34.28)		400m: 4:46.05 (33.15)				
5	 Love Jack	18	 Blenheim S...	0.75		<b>4:48.22</b> Entry: 4:32.78 <b>+15.44</b>	QA
	50m: 29.44		100m: 1:04.31 (34.87)				
	150m: 1:41.54 (37.23)		200m: 2:17.74 (36.20)				
	250m: 3:00.69 (42.95)		300m: 3:44.04 (43.35)				
	350m: 4:17.75 (33.71)		400m: 4:48.22 (30.47)				
6	 Walker Nat...	19	 Jasi Swim ...	0.63		<b>4:48.60</b> Entry: 4:41.83 <b>+6.77</b>	QA
	50m: 29.49		100m: 1:05.64 (36.15)				
	150m: 1:45.22 (39.58)		200m: 2:23.02 (37.80)				
	250m: 3:02.51 (39.49)		300m: 3:42.98 (40.47)				
	350m: 4:16.35 (33.37)		400m: 4:48.60 (32.25)				
7	 Rees Liam	18	 Kiwi ASC	0.74		<b>4:52.34</b> Entry: 4:51.06 <b>+1.28</b>	QA
	50m: 30.26		100m: 1:06.11 (35.85)				
	150m: 1:43.97 (37.86)		200m: 2:20.92 (36.95)				
	250m: 3:01.98 (41.06)		300m: 3:43.66 (41.68)				
	350m: 4:18.97 (35.31)		400m: 4:52.34 (33.37)				

8	 Holmberg ...	18	 Liz van Wel...	0.71	<b>4:56.18</b> Entry: 5:04.50 <b>-8.32</b>	QA
	50m: 30.25		100m: 1:06.52 (36.27)			
	150m: 1:46.97 (40.45)		200m: 2:26.75 (39.78)			
	250m: 3:07.40 (40.65)		300m: 3:48.65 (41.25)			
	350m: 4:22.66 (34.01)		400m: 4:56.18 (33.52)			
9	 Copocean ...	16	 St Paul's S...	0.63	<b>4:59.34</b> Entry: 4:50.34 <b>+9.00</b>	
	50m: 30.98		100m: 1:06.65 (35.67)			
	150m: 1:43.71 (37.06)		200m: 2:21.22 (37.51)			
	250m: 3:05.16 (43.94)		300m: 3:49.74 (44.58)			
	350m: 4:24.82 (35.08)		400m: 4:59.34 (34.52)			
10	 Vial (V) Enoa	15	 Tahiti	0.79	<b>4:59.99</b> Entry: 5:05.14 <b>-5.15</b>	
	50m: 30.39		100m: 1:07.19 (36.80)			
	150m: 1:47.62 (40.43)		200m: 2:26.48 (38.86)			
	250m: 3:09.90 (43.42)		300m: 3:53.86 (43.96)			
	350m: 4:27.80 (33.94)		400m: 4:59.99 (32.19)			
11	 Russell Ch...	17	 North Shore...	0.82	<b>5:00.27</b> Entry: 4:58.14 <b>+2.13</b>	QB
	50m: 30.28		100m: 1:05.76 (35.48)			
	150m: 1:46.01 (40.25)		200m: 2:25.32 (39.31)			
	250m: 3:07.06 (41.74)		300m: 3:49.92 (42.86)			
	350m: 4:25.62 (35.70)		400m: 5:00.27 (34.65)			
12	 Joyce Josiah	16	 St Paul's S...	0.66	<b>5:03.91</b> Entry: 4:52.87 <b>+11.04</b>	
	50m: 30.76		100m: 1:06.39 (35.63)			
	150m: 1:43.89 (37.50)		200m: 2:21.24 (37.35)			
	250m: 3:06.54 (45.30)		300m: 3:52.94 (46.40)			
	350m: 4:28.52 (35.58)		400m: 5:03.91 (35.39)			
13	 Shanks Cur...	17	 Jasi Swim ...	0.79	<b>5:04.99</b> Entry: 4:55.98 <b>+9.01</b>	QB
	50m: 30.83		100m: 1:06.78 (35.95)			
	150m: 1:47.88 (41.10)		200m: 2:26.86 (38.98)			
	250m: 3:09.09 (42.23)		300m: 3:51.91 (42.82)			
	350m: 4:29.13 (37.22)		400m: 5:04.99 (35.86)			
14	 Graham Luca	17	 Vikings Swi...	0.74	<b>5:06.78</b> Entry: 5:06.36 <b>+0.42</b>	QB
	50m: 31.43		100m: 1:08.35 (36.92)			
	150m: 1:46.68 (38.33)		200m: 2:22.64 (35.96)			
	250m: 3:09.24 (46.60)		300m: 3:55.43 (46.19)			
	350m: 4:31.84 (36.41)		400m: 5:06.78 (34.94)			
15	 Grace Flynn	17	 Vikings Swi...	0.78	<b>5:07.25</b> Entry: 4:50.03 <b>+17.22</b>	QB
	50m: 30.29		100m: 1:05.95 (35.66)			
	150m: 1:45.24 (39.29)		200m: 2:24.45 (39.21)			
	250m: 3:08.06 (43.61)		300m: 3:53.89 (45.83)			
	350m: 4:31.14 (37.25)		400m: 5:07.25 (36.11)			
16	 Julian Miles	18	 Matamata ...	0.71	<b>5:09.92</b> Entry: 5:07.13 <b>+2.79</b>	QB
	50m: 30.58		100m: 1:07.02 (36.44)			

		150m: 1:48.33 (41.31)	200m: 2:29.62 (41.29)							
		250m: 3:11.57 (41.95)	300m: 3:55.81 (44.24)							
		350m: 4:33.50 (37.69)	400m: 5:09.92 (36.42)							
17	 Chen Ian	SM19	20		St Paul's S...	0.80	1146	<b>5:09.99</b>	S19 NZR	
								Entry: 5:04.97	+5.02	
		50m: 31.98	100m: 1:09.31 (37.33)							
		150m: 1:52.00 (42.69)	200m: 2:32.27 (40.27)							
		250m: 3:14.43 (42.16)	300m: 3:57.70 (43.27)							
		350m: 4:34.82 (37.12)	400m: 5:09.99 (35.17)							
18	 Sugiyama T...		17		Kiwi ASC	0.67		<b>5:11.56</b>		QB
								Entry: 4:55.21	+16.35	
		50m: 30.56	100m: 1:07.46 (36.90)							
		150m: 1:48.94 (41.48)	200m: 2:28.60 (39.66)							
		250m: 3:14.01 (45.41)	300m: 4:00.80 (46.79)							
		350m: 4:36.54 (35.74)	400m: 5:11.56 (35.02)							
19	 Sands Hunter		17		Liz van Wel...	0.80		<b>5:16.91</b>		QB
								Entry: 5:02.06	+14.85	
		50m: 30.63	100m: 1:07.02 (36.39)							
		150m: 1:48.14 (41.12)	200m: 2:28.33 (40.19)							
		250m: 3:14.85 (46.52)	300m: 4:02.09 (47.24)							
		350m: 4:40.32 (38.23)	400m: 5:16.91 (36.59)							
20	 Watkins Jole	SM19	16		Pukekohe ...	0.76	869	<b>5:39.95</b>		
								Entry: 5:46.28	-6.33	
		50m: 32.59	100m: 1:11.75 (39.16)							
		150m: 1:56.10 (44.35)	200m: 2:39.81 (43.71)							
		250m: 3:29.21 (49.40)	300m: 4:20.19 (50.98)							
		350m: 5:01.39 (41.20)	400m: 5:39.95 (38.56)							
-	 Baffert (V) ...		17		Tahiti	0.74		<b>DSQ</b>		